

CURRICULUM VITAE

John K. Coffey, II

Sewanee: The University of the South
Psychology Department
735 University Ave
Sewanee, TN, 37375
(931)-598-1476 or (402)968-3223
jkcoffey@sewanee.edu
www.johnkcoffey.com

PROFESSIONAL EXPERIENCE

Arnold Gesell Visiting Scholar in Parent and Child Development, Yale University	Spring 2020
Assistant Professor of Psychology, Sewanee: The University of the South	2016-Present
Visiting Assistant Professor, Sewanee: The University of the South	2015-2016
Adjunct Professor, University of California, Riverside	2015
Adjunct Professor, California State University, Fullerton	2014-2015

EDUCATION

Claremont Graduate University	Ph.D. in Psychology, 2015 M.A. in Psychology, 2012 Dissertation Chair: Jessica Borelli, Ph.D. Area of Focus: Positive Developmental Psychology
University of Michigan	M.S.W., 2007 Area: Interpersonal Practice with Children and Youth
Creighton University	B.A., in Psychology, 2004

HONORS AND AWARDS

2019	WCPPP Early Career Speaker
2019	SRCD's Early Career Travel Award
2018	Sewanee Summer Research Award (\$6,000)
2018	ACS Teaching and Learning Workshop Participant
2017-2018	Civic Engagement Fellow, Sewanee: The University of the South (\$4,000)
2015	International Positive Psychology Association Student Scholarship
2012-2015	Dean's Travel Award, Claremont Graduate University
2012	Graduate Student Council Travel Award, Claremont Graduate University
2009-2011	Positive Psychology Fellowship, Claremont Graduate University (\$14,000)
2011	Jenness Hannigan Research Fellowship, Claremont Graduate University
2009-2012	Doctoral Fellowship, Claremont Graduate University (\$20,000)
2006-2007	Guidance Center Fellowship, Southgate, MI
2007	School of Social Work Michigan Opportunity Grant, University of Michigan

GRANTS

Completed:

Understanding the links between emotions, relationships, and well-being. The University of the South. Award amount: \$6,000. May 2018-July 2018. PI: **Coffey, J. K.**

Under Review:

The developmental context of love: Cultivating compassion, gratitude, and love in parent-child relationships. *John Templeton Foundation*. Requested Award: \$233,547. Proposed Dates of Award: 06-01-2020 to 03-31-2023. PI: Nelson-Coffey, S. K. Co-PI: **Coffey, J. K.**

PUBLICATIONS

* student co-authors

- Coffey, J.K.** (2019). Cascades of infant happiness: Infant positive affect predicts childhood IQ and adult educational attainment. *Emotion*. Advance online publication. doi: 10.1037/emo0000640
- Coffey, J. K.** (2018). Positive psychology among infants and young children. In S. J. Lopez, L. M. Edwards, & S. C. Marques (Eds.), *The Handbook of Positive Psychology*. New York: Oxford University Press. doi: 10.1093/oxfordhb/9780199396511.013.8
- Coffey, J. K.** (2018). Pleasure. In M. Bornstein (General Editor). *The Encyclopedia of Lifespan Human Development*. Thousands Oaks, CA: Sage Publications. doi: <http://dx.doi.org/10.4135/9781506307633.n627>
- Csikszentmihalyi, M & **Coffey, J. K.** (2017). Why Do We Travel? A Positive Psychological Model for Travel Motivation. In S. Filep, J. Laing, & M. Csikszentmihalyi (Eds.), *Positive Tourism*. London: Routledge Publishing.
- Coffey, J. K.** & Csikszentmihalyi, M (2016). Finding Flow as a Tourist. In L. Puczko & M. Smith (Eds.), *The Routledge Handbook of Health Tourism*. London: Taylor & Francis.
- Smiley, P. A., Buttitta, K. V., *Chung, S. Y., **Coffey, J. K.**, *Wang, B. H., & Borelli, J. L. (2016). Anger in Response to Challenge: Children's Emotion Socialization Predicts Approach versus Avoidance. *Motivation and Emotion*, 40(6), 923-935. doi: 10.1007/s11031-016-9583-5
- Coffey, J. K.**, Wray-Lake, L. Mashek, D., & Branand, B. (2016). A multi-study examination of Well-Being Theory in college and community samples. *Journal of Happiness Studies*, 17, 187-211. doi: 10.1007/s10902-014-9590-8
- Borelli, J. L., *Somers, J., West, J. L., **Coffey, J. K.**, De Los Reyes, A., & Shmueli-Goetz, Y. (2016). Associations between attachment narratives and self-report measures of attachment in middle childhood: Extending evidence for the validity of the child attachment interview. *Journal of Child and Family Studies*. doi: 10.1007/s10826-015-0310-8
- Borelli, J. L., *Somers, J., West, J. L., **Coffey, J. K.**, Salim, R., & Shmueli-Goetz, Y. (2016). Shedding light on the specificity of school-aged children's attachment narratives. *Attachment and Human Development*. doi: 10.1080/14616734.2015.1134605
- Howell, K. H., **Coffey, J. K.**, Fosco, G. M., Kracke, K., Nelson, S. K., Rothman, E. F., & Grych, J. H. (2016). 7 reasons to invest in well-being. *Psychology of Violence*, 6(1), 8-14. doi: <http://dx.doi.org/10.1037/vio0000019>
- Coffey, J. K.**, Warren, M., & Gottfried, A. (2015). Does infant happiness forecast adult life satisfaction? Examining subjective well-being in the first quarter century of life. *Journal of Happiness Studies*, 16, 1401-1421. doi: 10.1007/s10902-014-9556-x

- Branand, B., Mashek, D., Wray-Lake, L., & **Coffey, J. K.**, (2015). Inclusion of college community in the Self: A longitudinal study of the role of connectedness in students' satisfaction. *Journal of College Student Development*, 56(8), 829-844. doi: 10.1353/csd.2015.0080
- Borelli, J. L., Sbarra, D. A., Randall, A. K., Snavely, J. E., McMakin, D. L., **Coffey, J. K.**, *Ruiz, S. K., *Wang, B. A., & *Chung, S. Y. (2015). With or without you: Attachment avoidance predicts non-deployed spouses' reactions to relationship challenges during deployment. *Professional Psychology: Research & Practice*.

Under Review:

- Coffey, J.K.**, Xia, M., & Fosco, G. (in revision). *When adolescent conflict with parents matters for how loved children feel*. Manuscript under review.
- Coffey, J. K.**, & Warren, M. (in revision). *Comparing happiness and self-esteem: A 15-year examination predicting adult well-being*. Manuscript under review.
- Coffey, J. K.**, *Sommers, J. & J. L. Borelli. (under review). *Deconstructing subjective emotions during childhood: A longitudinal examination of differences in valence, intensity, and frequency as predictors of depression*. Manuscript under review.

In Preparation:

- Coffey, J. K.**, Nelson-Coffey, S. K., *Faulkner, H., & Pluess, W. (2019). *Childhood positive narratives predict different adult well-being*. Manuscript in preparation.
- Nelson-Coffey, S. K., *Zechman, G., & Coffey, J. K. (2019). *Compassionate caregiving in parent-child relationships*. Manuscript in preparation.
- Coffey, J. K.**, & Aron, A. (2020). *Relationship quality and vacations: How self-expansion could be the key to a better relationship*. Manuscript in preparation.

Other Publications:

- Coffey, J. K.** (2013). Third World Congress on Positive Psychology planning guide. *Students of the International Positive Psychology Association Newsletter*, 3, 4.
- Coffey, J. K.** (2012). Advice for the upcoming World Congress on Positive Psychology. *Students of the International Positive Psychology Association Newsletter*, 2, 3.
- Coffey, J. K.** (2011). Passion in graduate school: obsessive or harmonious. *Students of the International Positive Psychology Association Newsletter*, 1, 4.

CONFERENCES

* undergraduate student co-authors

Invited Presentations:

- Coffey, J. K.** (2019). *Growing happiness: What Science Tells Us About Happy People*. Sewanee Civic Association, Sewanee, TN.
- Coffey, J. K.** (2019). *A happy and fulfilling life starts in infancy: exploring how early life emotions and relationships start upward spirals*. Presented in the Early Career Researchers in Positive Psychology Symposium at the sixth World Congress on Positive Psychology, Melbourne, Australia.
- Coffey, J. K.** (2019). *Using the science of happiness to get through winter*. Sewanee Civic Association, Sewanee, TN.
- Coffey, J. K.** (2016). *What stress does to your body?* Presentation given as part of the Hesitate to Meditate Session at Sewanee: The University of the South, Sewanee, TN.

- Coffey, J. K.** (2015). *Finding optimal experience in daily life*. Paper presented as part of the 2015-2016 Wellness Colloquium, Sewanee: The University of the South, Sewanee, TN.
- Coffey, J. K.** (2015). *Using science to promote optimal development*. Paper presented at The Virtues, Narrative & Resilience Conference, Sewanee, TN.
- Coffey, J. K., *Stern, J., *Miller, K., Smiley, P., & Borelli, J. L.** (2012). *Parental conditional regard predicts excessive reassurance seeking in preadolescents*. Paper presented in symposium, Young Researchers in Developmental Psychology Symposium, American Psychological Association Convention, Orlando, FL.
- Coffey, J. K., *Stern, J., *Miller, K., Smiley, P., & Borelli, J.** (2012). *Datablitz: Parental conditional regard predicts excessive reassurance seeking*. Brief paper presented in symposium, Psychological Science Idol: 6th Annual Datablitz, American Psychological Association Convention. Orlando, FL.
- Sartori, R., Owens, R., Van Allen, J., Zegers, H., **Coffey, J. K.**, & Dulay, J. (2012). *The students' contribution to positive psychology: The initiatives of the Students of the International Positive Psychology Association (SIPPA)*. Paper presented at the European Conference of Positive Psychology, Moscow, Russia.

Symposia Organized:

- Coffey, J. K.**, Dubin, M., Bullock, J. S., Dulay, J. P., Dursun, P., Ehsan, Z. B., Van Allen, J., & Davis, O. (2013). Chaired symposium, *SIPPA Student Data Blitz*, Third World Congress on Positive Psychology, Los Angeles, CA.
- Coffey, J. K.**, Warren, M., & Gottfried, A. (2013). Adolescent happiness versus self-esteem: Which matters most for adult positive well-being. Paper presented in symposium (Co-Chair), *Understanding Optimal Youth Development: Complex Views in a Complex World*, Third World Congress on Positive Psychology, Los Angeles, CA.

Paper Presentations:

- Coffey, J.K.**, Xia, M., & Fosco, G. (2019). *Feeling loved: How adolescents' daily fluctuations in feeling loved are predicted by parent-reported warmth and conflict*. Paper presented at the sixth World Congress on Positive Psychology, Melbourne, Australia.
- Nelson-Coffey, S. K. Zankman, M., **Coffey, J. K.**, O'Hair, C. (2019). *Compassionate caregiving in parent-child relationships: Compassion, gratitude, and attachment insecurity*. Paper presented at the sixth World Congress on Positive Psychology, Melbourne, Australia.
- Nelson-Coffey, S. K., *Zankman, M., **Coffey, J. K.**, & *O'Hair, C. (2019). *Attachment oriented gratitude improves parenting behaviors and well-being*. Paper presented as part of the Positive Well-Being in the Family System Symposium at the Society for Research on Child Development Biennial Meeting, Baltimore, Maryland.
- Nelson-Coffey, S. K., & **Coffey, J. K.** (2018). *Cherished, protected, and accepted: Attachment-oriented gratitude promotes insecure parents' connectedness and well-being*. Paper presented at the Emerging Insights from the Science of Gratitude Conference. Chapel Hill, NC.
- Coffey, J. K.**, & Fosco, G. M. (2017). *Comparing the role of positive and negative emotions of adolescents over a six-month period*. Paper presented at the Fifth World Congress on Positive Psychology, Montreal, Canada.
- Coffey, J. K.** (2017). *Associations between children's positive and negative emotions and rumination, respiratory sinus arrhythmia, and depression*. Paper presented in a symposium at the Society of Research in Child Development Biennial Meeting, Austin, TX.
- Coffey, J. K.**, (2017). *Does childhood happiness matter? How and why it promotes resiliency*. Paper presented in a symposium, Children's Protective Factors and Strengths, at ResilienceCon, Nashville, TN.

- Coffey, J. K.**, & Borelli, J. L. (2015). *Deconstructing subjective emotion in childhood: Understanding differences in intensity and frequency of positive and negative emotions*. Paper presented at the Fourth World Congress on Positive Psychology, Orlando, FL.
- Warren, M., **Coffey, J. K.**, & Gottfried, A. (2014). *Self-Esteem or positive affect: Adolescent precursors to adult well-being?* Paper presented in a symposium, Positive Development of Adolescents, at the Western Positive Psychology Association Conference, Claremont, Ca.
- Snaveley, J. E., *Ruiz, S. K., **Coffey, J. K.**, Lin, P., *Chung, S. Y., *Wang, B. A., Sbarra, D. A., McMakin, D., & Borelli, J. L. (2013). *Relational savoring during relationship threat: The impact of savoring on non-deployed spouses' emotion regulation*. Paper presented at the Third World Congress on Positive Psychology, Los Angeles, CA.
- Coffey, J. K.**, Warren, M., & Gottfried, A. (2012). *Does happiness during infancy and adolescence predict happiness?* Paper presented at the Western Psychological Association Conference, San Francisco, CA.

Posters Presentations:

- Coffey, J. K.**, *Faulkner, H., Nelson-Coffey, S. K. &, *Bailey, O. (2019). *Infant happiness predicts childhood IQ and adult educational attainment*. Poster presented at the Society for Research on Child Development Biennial Meeting, Baltimore, Maryland.
- *Ondrusek, A., Bailey, C., & **Coffey, J. K.** (2019). *Updating a test of preschool emotion knowledge*. Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
- *Stackhouse, S. & **Coffey, J. K.** (2019). *Attachment security and sources of meaning in life*. Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
- *Johnson, C., *Stolz, M. G., *Stackhouse, S., *Faulkner, H., **Coffey, J. K.**, & Nelson-Coffey, S. K. (2019, April). *"You can't sit with us": Gratitude buffers the effects of social exclusion*. Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
- *Faulkner, H., Nelson-Coffey, S. K., *Bailey, O., & **Coffey, J. K.** (2019, April). *Infant happiness predicts childhood IQ and adult educational attainment*. Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
- *O'Hair, C.M., *Zankman, M. A., **Coffey, J. K.**, & Nelson-Coffey, S. K. (2018). *The rewards of parenthood: A longitudinal examination of the factors predicting parents' life satisfaction*. Poster presented at the Society of Personality and Social Psychology Conference, Atlanta, GA.
- Nelson-Coffey, S. K., & **Coffey, J. K.** (2018). *Attachment-oriented gratitude promotes insecure parents' connectedness and well-being*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology. Atlanta, GA.
- *O'Hair, C., *Zankman, M., Coffey, J. K., & Nelson-Coffey, S. K. (2018). *The rewards of parenthood: A longitudinal examination of the factors predicting parents' life satisfaction*. Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
- *Zankman, M., *O'Hair, C., Coffey, J. K., & Nelson-Coffey, S. K. (2018). *Attachment avoidance and parental well-being: A compassionate and self-image goal model*. Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
- *Zankman, M. A., M., *O'Hair, C. M., Bardi, C. A., & **Coffey, J. K.**, (2017). *To hover or not to hover: Is helicopter parenting affecting the autonomy and competency of our children?* Poster presented at the Society of Research in Child Development Biennial Meeting, Austin, TX.
- *O'Hair, C. M., *Zankman, M. A., M., Bardi, C. A., & **Coffey, J. K.**, (2017). *To hover or not to hover: how helicopter parenting might compromise student's capability and attachment*. Poster presented at the Society for Social Work and Research, New Orleans, LA.
- *Watters, A., *Stackhouse, S., *Huntley, A., *Scott, E., Cammack, K., & **Coffey, J. K.**, (2017). *Effects of Instagram on body image in a college setting*. Poster presented at the Southeastern Psychological Association Meeting, Atlanta, GA.

- *Williams, M., *Krueger, A., *Crumbly, M., *Caldwell, S., **Coffey, J.K.**, Cammack, K. (2017) *Extracurricular activities are associated with subjective happiness in an undergraduate sample*. Poster presented at the Annual Meeting of the Southeastern Psychological Association, Atlanta GA
- *Van Why, N. & **Coffey, J. K.**, (2017). *Swipe and tell: Relationship histories, sexual attitudes, and tinder use*. Poster presented at the Scholarship Sewanee, Sewanee, TN.
- *Faulkner, H., *Bailey, O., **Coffey, J. K.**, & Nelson-Coffey, S. K. (2017). *Characterizing kindness: The association between the nature of prosocial behavior and well-being*. Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
- *Sanders, G., Mayes, L., Rutherford, H., **Coffey, J. K.**, & Nelson-Coffey, S. K. (2017). *Improving parents' happiness: Preliminary data*. Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
- *Watters, A., *Stackhouse, S., *Huntley, A., *Scott, E., Cammack, K., & **Coffey, J. K.**, (2017). *Effects of Instagram on body image in a college setting*. Poster presented at the Scholarship Sewanee, Sewanee, TN.
- Coffey, J. K.**, Warren, M., & Gottfried, A., (2015). *A 15-year prospective analysis of adolescent self-esteem and positive affect as predictors of adult happiness*. Poster presented at the Society of Research in Child Development Biennial Meeting, Philadelphia, PA.
- Harder, K. V., *Chung, S. Y., **Coffey, J. K.**, Smiley, P. M., & Borelli, J. L. (2015). *You're sad? I'm angry! Parent conditional positive regard, anger expression, and performance in children*. Poster presented at the Society of Research in Child Development Biennial Meeting, Philadelphia, PA.
- Coffey, J. K.**, Wray-Lake, L. Mashek, D., & Branand, B. (2015). *A longitudinal examination of a multidimensional well-being model in college and community samples*. Poster presented at the Happiness and Well-Being Preconference, Long Beach, CA.
- Harder, K. V., *Chung, S. Y., **Coffey, J. K.**, *Saul, A. D., & Smiley, P. M. (2014). *Parent use of conditional regard in the emotion domain: Association with children's facial expression of emotion following failure*. Poster presented at the annual meeting of the Jean Piaget Society, San Francisco, CA.
- Coffey, J. K.**, West, J. L., *Somers, J. A., *Mayfield, C., & Borelli, J. L. (2013). *The child attachment interview: An empirical test of convergent and divergent validity*. Poster presented at the Society of Research in Child Development Biennial Meeting, Seattle, WA.
- Coffey, J. K.**, & *Wang, A. (2013). *A closer look at romantic getaways: New experiences in travel are associated with greater relationship satisfaction and passion*. Poster presented at the Third World Congress on Positive Psychology, Los Angeles, CA.
- Coffey, J. K.**, West, J. L., *Somers, J. A., *Mayfield, C., & Borelli, J. L. (2013). *The child attachment interview: An empirical test of convergent and divergent validity*. Poster presented at Positive Psychology Student Research Conference, Claremont, CA.
- Branand, B., Mashek, D., Wray-Lake, L. & **Coffey, J. K.**, (2013). *Inclusion of college community in the self: A longitudinal study of self-expansion processes*. Poster presented at the Society of Personality and Social Psychology Conference, New Orleans, LA.
- Coffey, J. K.**, & Borelli, J. (2012). *Attachment security's association with implicit-theories of intelligence*. Poster presented at Positive Psychology Student Research Conference, Claremont, CA.
- Coffey, J. K.**, Mashek, D., & Wray-Lake, L. (2012). *Using PERMA indicators of flourishing to predict long-term life-satisfaction and physical health*. Poster presented at Positive Psychology Student Research Conference, Claremont, CA.
- Coffey, J. K.**, Bond, D. K., *Fox, M., *Ramsook, K., Smiley, P., & Borelli, J. L. (2012). *Ethnic differences in preadolescent perceptions of maternal use of conditional regard*. Poster presented at the Society for Research on Adolescence Biennial Meeting, Vancouver, Canada.
- Coffey, J. K.**, & Borelli, J. (2011). *Attachment security's association with implicit-theories of intelligence*. Poster presented at the World Congress on Positive Psychology, Philadelphia, PA.

Selected Media Attention

Psychologytoday.com. July 28, 2019. "Why Keep Baby Happy?."

WalletHub.com. July 17, 2018. "Most and Least Stressed Cities in America."

WalletHub.com. July 6, 2017. "2017's Best Places to Raise a Family in Tennessee."

TEACHING EXPERIENCE

Courses Taught

Child and Adolescent Psychology
Seminar on Attachment Theory
Research Methods
Seminar on Attachment Theory
Positive Psychology Lab
Positive Psychology
Developmental Psychopathology
Introduction to Psychology
Assessing and Observing Development
The Science of Well-Being
Social Psychology
Cognitive Psychology

WORK AND CLINICAL EXPERIENCE

2015-Present Founder, Caregiving, Affect, and Relationship Experiences Lab, Sewanee, TN
2016-2017 Content designer, Potentia, San Diego, CA
2015 Psychological Consultant for Happy Horse Programming
2013 Consultant and content designer for Happify, New York, NY
2008-2009 Children's Crisis Therapist, The Guidance Center, Southgate, MI
2008-2009 Contractual Children's Outpatient Therapist, The Guidance Center, Southgate, MI
2008-Present State of Michigan, Limited Licensed Master Social Worker
2007 Children's Outpatient Fellow, The Guidance Center, Southgate, MI
2004-2006 Behavioral Health Technician, Girls and Boys Town, Omaha, NE
2005-2006 Middle School Paraprofessional, Girls and Boys Town, Omaha, NE

Professional Service

Business Major Working Group, Sewanee: The University of the South, 2018-2019
Reviewer of conference abstracts: World Congress on Positive Psychology, 2019
Business Major Working Demand Subcommittee: Sewanee: The University of the South, 2018
Strategic Planning Committee, Sewanee: The University of the South, 2017-Present
Psychology Club Adviser, Sewanee: The University of the South, 2016-Present
Reviewer for journals: *Emotion*, *Journal of Happiness Studies*, *Emerging Adulthood*, *Journal of Child and Family Studies*, *Journal of Applied Positive Psychology*
Past-President, Students of the International Positive Psychology Association, 2014-2015
President, Students of the International Positive Psychology Association, 2013-2014
President-Elect Students of the International Positive Psychology Association, 2012-2013
World Congress on Positive Psychology Planning Committee, Claremont Graduate University, 2013
Mentoring Representative, Students of the International Positive Psychology Association, 2011-2012
Editor, *Students of the International Positive Psychology Association Newsletter*, 2012-2013
Board member, Ann Arbor Academy, 2006-2008
Founding member, Psi Chi Chapter, Claremont Graduate University, 2010-2015
Graduate Student Mentor 2010-2014, Claremont Graduate University

PROFESSIONAL ORGANIZATIONS/AFFILIATIONS

Society for Research in Children's Development
Society for Social Work and Research
International Positive Psychology Association
Psi Chi