

## CURRICULUM VITAE

### John K. Coffey, II

Sewanee: The University of the South  
Psychology Department  
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#### PROFESSIONAL EXPERIENCE

Assistant Professor of Psychology, Sewanee: The University of the South	2016-Present
Visiting Assistant Professor, Sewanee: The University of the South	2015-2016
Adjunct Professor, University of California, Riverside	2015
Adjunct Professor, California State University, Fullerton	2014-2015

#### EDUCATION

2015	Ph.D., Claremont Graduate University, Claremont, CA
2012	M.A., Claremont Graduate University, Claremont, CA Area: Positive Developmental Psychology
2007	M.S.W., University of Michigan, Ann Arbor, CA Area: Interpersonal Practice with Children and Youth
2004	B.A., Creighton University, Omaha, NE Major: Psychology

#### PUBLICATIONS

\* student co-authors

#### Publications:

- Smiley, P. A., Buttitta, K. V., \*Chung, S. Y., **Coffey, J. K.**, \*Wang, B. H., & Borelli, J. L. (2016). Anger in Response to Challenge: Children's Emotion Socialization Predicts Approach versus Avoidance. *Motivation and Emotion*, 40(6), 923-935. doi: 10.1007/s11031-016-9583-5
- Coffey, J. K.**, Wray-Lake, L. Mashek, D., & Branand, B. (2016). A longitudinal examination of a multidimensional well-being model in college and community samples. *Journal of Happiness Studies*, 17, 187-211. doi: 10.1007/s10902-014-9590-8
- Borelli, J. L., \*Somers, J., West, J. L., **Coffey, J. K.**, De Los Reyes, A., & Shmueli-Goetz, Y. (2016). Associations between attachment narratives and self-report measures of

attachment in middle childhood: Extending evidence for the validity of the child attachment interview. *Journal of Child and Family Studies*. doi: 10.1007/s10826-015-0310-8

Borelli, J. L., \*Somers, J., West, J. L., **Coffey, J. K.**, Salim, R., & Shmueli-Goetz, Y. (2016). Shedding light on the specificity of school-aged children's attachment narratives. *Attachment and Human Development*. doi: 10.1080/14616734.2015.1134605

Howell, K. H., **Coffey, J. K.**, Fosco, G. M., Kracke, K., Nelson, S. K., Rothman, E. F., & Grych, J. H. (2016). 7 reasons to invest in well-being. *Psychology of Violence*, 6(1), 8-14. doi: <http://dx.doi.org/10.1037/vio0000019>

**Coffey, J. K.**, Warren, M., & Gottfried, A. (2015). Does infant happiness forecast adult life satisfaction? Examining subjective well-being in the first quarter century of life. *Journal of Happiness Studies*, 16, 1401-1421. doi: 10.1007/s10902-014-9556-x

Branand, B., Mashek, D., Wray-Lake, L., & **Coffey, J. K.**, (2015). Inclusion of college community in the Self: A longitudinal study of the role of connectedness in students' satisfaction. *Journal of College Student Development*, 56(8), 829-844. doi: 10.1353/csd.2015.0080

Borelli, J. L., Sbarra, D. A., Randall, A. K., Snaveley, J. E., McMakin, D. L., **Coffey, J. K.**, \*Ruiz, S. K., \*Wang, B. A., & \*Chung, S. Y. (2015). With or without you: Attachment avoidance predicts non-deployed spouses' reactions to relationship challenges during deployment. *Professional Psychology: Research & Practice*.

#### Chapters:

**Coffey, J. K.** (in press). Positive psychology among infants and young children. To appear in S. J. Lopez, L. M. Edwards, & S. C. Marques (Eds.), *The Handbook of Positive Psychology*. New York: Oxford University Press.

**Coffey, J. K.** (in press). Pleasure. In M. Bornstein (General Editor). *The Encyclopedia of Lifespan Human Development*. Sage Publications.

Csikszentmihalyi, M & **Coffey, J. K.** (2017). Why Do We Travel? A Positive Psychological Model for Travel Motivation. In S. Filep, J. Laing, & M. Csikszentmihalyi (Eds.), *Positive Tourism*. London: Routledge Publishing.

**Coffey, J. K.** & Csikszentmihalyi, M (2016). Finding Flow as a Tourist. In L. Puczko & M. Smith (Eds.), *The Routledge Handbook of Health Tourism*. London: Taylor & Francis.

#### Under Review:

**Coffey, J. K.**, & Warren, M. (2018). *Comparing happiness and self-esteem: A 15-year examination predicting adult well-being*. Manuscript under review.

**Coffey, J. K.**, \*Somers, J. & J. L. Borelli. (2017). *Deconstructing subjective emotions during childhood: A longitudinal examination of differences in valence, intensity, and frequency as predictors of depression*. Manuscript in preparation.

#### In Preparation:

**Coffey, J.K.** (2018). *Infant happiness counts: Infant positive affect predicts adult educational attainment via childhood IQ*. Manuscript in preparation.

- Coffey, J. K.,** Nelson-Coffey, S. K., \*Faulkner, H., & Pluess, W. (2018). *Childhood positive and negative emotions predict different adult health and well-being patterns*. Manuscript in preparation.
- Coffey, J.K.,** Xia, M., & Fosco, G. (2018). *When adolescent conflict with parents matters for how loved children feel*. Manuscript in preparation.
- Coffey, J. K.,** Smiley, P., & Borelli, J. L (2018). *Individual differences in perceptions of parental conditional regard in middle childhood*. Manuscript in preparation.
- Coffey, J. K.,** & Aron, A. (2018). *Relationship quality and vacations: How self-expansion could be the key to a better relationship*. Manuscript in preparation.
- Coffey, J. K.** & Borelli, J. (2018). *The association between attachment and beliefs in intelligence and goal preferences in middle childhood*. Manuscript in preparation.

#### **Other Publications:**

- Coffey, J. K.** (2013). Third World Congress on Positive Psychology planning guide. *Students of the International Positive Psychology Association Newsletter, 3, 4.*
- Coffey, J. K.** (2012). Advice for the upcoming World Congress on Positive Psychology. *Students of the International Positive Psychology Association Newsletter, 2, 3.*
- Coffey, J. K.** (2011). Passion in graduate school: obsessive or harmonious. *Students of the International Positive Psychology Association Newsletter, 1, 4.*

#### **CONFERENCES**

\* undergraduate student co-authors

#### **Symposia Organized:**

- Coffey, J. K.,** Dubin, M., Bullock, J. S., Dulay, J. P., Dursun, P., Ehsan, Z. B., Van Allen, J., & Davis, O. (2013). Chaired symposium, *SIPPA Student Data Blitz*, Third World Congress on Positive Psychology, Los Angeles, CA.
- Coffey, J. K.,** Warren, M., & Gottfried, A. (2013). Adolescent happiness versus self-esteem: Which matters most for adult positive well-being. Paper presented in symposium (Co-Chair), *Understanding Optimal Youth Development: Complex Views in a Complex World*, Third World Congress on Positive Psychology, Los Angeles, CA.

#### **Invited Presentations:**

- Coffey, J. K.** (2016). What stress does to your body? *Hesitate to Meditate Session*, Sewanee: The University of the South. Sewanee, TN.
- Coffey, J. K.** (2015). Finding optimal experience in daily life. Paper presented as part of the *2015-2016 Wellness Colloquium*, Sewanee: The University of the South. Sewanee, TN.
- Coffey, J. K.** (2015). *Using science to promote optimal development*. Paper presented at The Virtues, Narrative & Resilience Conference. Sewanee, TN.
- Coffey, J. K.,** \*Stern, J., \*Miller, K., Smiley, P., & Borelli, J. L. (2012). *Parental conditional regard predicts excessive reassurance seeking in preadolescents*. Paper presented in symposium, Young Researchers in Developmental Psychology Symposium, American Psychological Association Convention, Orlando, FL.

- Coffey, J. K.**, \*Stern, J., \*Miller, K., Smiley, P., & Borelli, J. (2012). *Datablitz: Parental conditional regard predicts excessive reassurance seeking*. Brief paper presented in symposium, Psychological Science Idol: 6th Annual Datablitz, American Psychological Association Convention. Orlando, FL.
- Sartori, R., Owens, R., Van Allen, J., Zegers, H., **Coffey, J. K.**, & Dulay, J. (2012). *The students' contribution to positive psychology: The initiatives of the Students of the International Positive Psychology Association (SIPPA)*. Paper presented at the European Conference of Positive Psychology, Moscow, Russia.

### **Paper Presentations:**

- Nelson-Coffey, S. K., & **Coffey, J. K.** (2018). *Cherished, protected, and accepted: Attachment-oriented gratitude promotes insecure parents' connectedness and well-being*. Paper presented at the Emerging Insights from the Science of Gratitude Conference. Chapel Hill, NC.
- Coffey, J. K.**, & Fosco, G. M. (2017). *Comparing the Role of Positive and Negative Emotions of Adolescents over a Six Month Period*. Paper presented at the Fifth World Congress on Positive Psychology, Montreal, Canada.
- Coffey, J. K.** (2017). *Associations between children's positive and negative emotions and rumination, respiratory sinus arrhythmia, and depression*. Paper presented in a symposium at the Society of Research in Child Development Biennial Meeting, Austin, TX.
- Coffey, J. K.**, (2017). *Does childhood happiness matter? How and why it promotes resiliency*. Paper presented in a symposium, Children's Protective Factors and Strengths, at ResilienceCon, Nashville, TN.
- Coffey, J. K.**, & Borelli, J. L. (2015). *Deconstructing subjective emotion in childhood: Understanding differences in intensity and frequency of positive and negative emotions*. Paper presented at the Fourth World Congress on Positive Psychology, Orlando, FL.
- Warren, M., **Coffey, J. K.**, & Gottfried, A. (2014). *Self-Esteem or Positive Affect: Adolescent Precursors to Adult Well-Being?* Paper presented in a symposium, Positive Development of Adolescents, at the Western Positive Psychology Association Conference, Claremont, Ca.
- Snaveley, J. E., \*Ruiz, S. K., **Coffey, J. K.**, Lin, P., \*Chung, S. Y., \*Wang, B. A., Sbarra, D. A., McMakin, D., & Borelli, J. L. (2013). *Relational savoring during relationship threat: The impact of savoring on non-deployed spouses' emotion regulation*. Paper presented at the Third World Congress on Positive Psychology, Los Angeles, CA.
- Coffey, J. K.**, Warren, M., & Gottfried, A. (2012). *Does happiness during infancy and adolescence predict happiness?* Paper presented at the Western Psychological Association Conference, San Francisco, CA.

### **Posters Presentations:**

- O'Hair, C.M., Zankman, M. A., **Coffey, J. K.**, & Nelson-Coffey, S. K. (2018, March). *The Rewards of Parenthood: A Longitudinal Examination of the Factors Predicting Parents' Life Satisfaction*. Poster presented at Society of Personality and Social Psychology Conference, Atlanta, GA.
- Nelson-Coffey, S. K., & **Coffey, J. K.** (2018, March). *Attachment-oriented gratitude promotes insecure parents' connectedness and well-being*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology. Atlanta, GA.

- \*Zankman, M. A., M., \*O'Hair, C. M., Bardi, C. A., & **Coffey, J. K.**, (2017). *To Hover or Not to Hover: Is Helicopter Parenting Affecting the Autonomy and Competency of Our Children?* Poster presented at the Society of Research in Child Development Biennial Meeting, Austin, TX.
- \*O'Hair, C. M., \*Zankman, M. A., M., Bardi, C. A., & **Coffey, J. K.**, (2017). *To Hover or Not to Hover: How Helicopter Parenting Might Compromise Student's Capability and Attachment.* Poster presented at the Society for Social Work and Research, New Orleans, LA.
- \*Watters, A., \*Stackhouse, S., \*Huntley, A., \*Scott, E., Cammack, K., & **Coffey, J. K.**, (2017). *Effects of Instagram on Body Image in a College Setting.* Poster presented at the Southeastern Psychological Association Meeting, Atlanta, GA.
- \*Williams, M., \*Krueger, A., \*Crumbliss, M., \*Caldwell, S., **Coffey, J.K.**, Cammack, K. (2017) *Extracurricular activities are associated with subjective happiness in an undergraduate sample.* Poster presented at the Annual Meeting of the Southeastern Psychological Association, Atlanta GA
- \*Van Why, N. & **Coffey, J. K.**, (2017). *Swipe and Tell: Relationship Histories, Sexual Attitudes, and Tinder Use.* Poster presented at the Scholarship Sewanee, Sewanee, TN.
- \*Faulkner, H., \*Bailey, O., **Coffey, J. K.**, & Nelson-Coffey, S. K. (2017, April). *Characterizing kindness: The association between the nature of prosocial behavior and well-being.* Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
- \*Sanders, G., Mayes, L., Rutherford, H., **Coffey, J. K.**, & Nelson-Coffey, S. K. (2017, April). *Improving parents' happiness: Preliminary data.* Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
- \*Watters, A., \*Stackhouse, S., \*Huntley, A., \*Scott, E., Cammack, K., & **Coffey, J. K.**, (2017). *Effects of Instagram on Body Image in a College Setting.* Poster presented at the Scholarship Sewanee, Sewanee, TN.
- Coffey, J. K.**, Warren, M., & Gottfried, A., (2015). *A 15-Year Prospective Analysis of Adolescent Self-Esteem and Positive Affect as Predictors of Adult Happiness.* Poster presented at the Society of Research in Child Development Biennial Meeting, Philadelphia, PA.
- Harder, K. V., \*Chung, S. Y., **Coffey, J. K.**, Smiley, P. M., & Borelli, J. L. (2015). *You're Sad? I'm Angry! Parent Conditional Positive Regard, Anger Expression, and Performance in Children.* Poster presented at the Society of Research in Child Development Biennial Meeting, Philadelphia, PA.
- Coffey, J. K.**, Wray-Lake, L. Mashek, D., & Branand, B. (2015). *A longitudinal examination of a multidimensional well-being model in college and community samples.* Poster presented at the Happiness and Well-Being Preconference, Long Beach, CA.
- Harder, K. V., \*Chung, S. Y., **Coffey, J. K.**, \*Saul, A. D., & Smiley, P. M. (2014). *Parent use of conditional regard in the emotion domain: Association with children's facial expression of emotion following failure.* Poster presented at the annual meeting of the Jean Piaget Society, San Francisco, CA.
- Coffey, J. K.**, West, J. L., \*Somers, J. A., \*Mayfield, C., & Borelli, J. L. (2013). *The child attachment interview: An empirical test of convergent and divergent validity.* Poster presented at the Society of Research in Child Development Biennial Meeting, Seattle, WA.
- Coffey, J. K.**, & \*Wang, A. (2013). *A closer look at romantic getaways: New experiences in travel are associated with greater relationship satisfaction and passion.* Poster presented at the Third World Congress on Positive Psychology, Los Angeles, CA.

- Coffey, J. K.,** West, J. L., \*Somers, J. A., \*Mayfield, C., & Borelli, J. L. (2013). *The child attachment interview: An empirical test of convergent and divergent validity*. Poster presented at Positive Psychology Student Research Conference, Claremont, CA.
- Branand, B., Mashek, D., Wray-Lake, L. & **Coffey, J. K.,** (2013). *Inclusion of College Community in the Self: A Longitudinal Study of Self-expansion Processes*. Poster presented at the Society of Personality and Social Psychology Conference, New Orleans, LA.
- Coffey, J. K.,** & Borelli, J. (2012). *Attachment security's association with implicit-theories of intelligence*. Poster presented at Positive Psychology Student Research Conference, Claremont, CA.
- Coffey, J. K.,** Mashek, D., & Wray-Lake, L. (2012). *Using PERMA indicators of flourishing to predict long-term life-satisfaction and physical health*. Poster presented at Positive Psychology Student Research Conference, Claremont, CA.
- Coffey, J. K.,** Bond, D. K., \*Fox, M., \*Ramsook, K., Smiley, P., & Borelli, J. L. (2012). *Ethnic differences in preadolescent perceptions of maternal use of conditional regard*. Poster presented at the Society for Research on Adolescence Biennial Meeting, Vancouver, Canada.
- Coffey, J. K.,** & Borelli, J. (2011). *Attachment security's association with implicit-theories of intelligence*. Poster presented at the World Congress on Positive Psychology, Philadelphia, PA.

### **Selected Media Attention**

*WalletHub.com.* July 6, 2017. "2017's Best Places to Raise a Family in Tennessee."

### **HONORS AND AWARDS**

2017-2018	Civic Engagement Fellow, Sewanee: The University of the South (\$4,000)
2015	International Positive Psychology Association Student Scholarship
2012-2015	Dean's Travel Award, Claremont Graduate University
2012	Graduate Student Council Travel Award, Claremont Graduate University
2009-2011	Positive Psychology Fellowship, Claremont Graduate University (\$14,000)
2011	Jeness Hannigan Research Fellowship, Claremont Graduate University
2009-2012	Doctoral Fellowship, Claremont Graduate University (\$20,000)
2006-2007	Guidance Center Fellowship, Southgate, MI
2007	School of Social Work Michigan Opportunity Grant, University of Michigan

### **TEACHING EXPERIENCE**

#### **Courses Taught**

Assessing and Observing Development  
Child and Adolescent Psychology  
Developmental Psychopathology  
Research Methods  
Seminar on Attachment Theory  
Positive Psychology  
Principles of Psychology  
The Science of Well-Being  
Child and Adolescent Psychology

Social Psychology  
Cognitive Psychology  
Introduction to Psychology

## **WORK AND CLINICAL EXPERIENCE**

2015-Present Founder, Caregiving, Affect, and Relationship Experiences Lab, Sewanee, TN  
2016-2017 Content designer, Potentia, San Diego, CA  
2015 Psychological Consultant for Happy Horse Programming  
2013 Consultant and content designer for Happify, New York, NY  
2008-2009 Children's Crisis Therapist, The Guidance Center, Southgate, MI  
2008-2009 Contractual Children's Outpatient Therapist, The Guidance Center, Southgate, MI  
2008-Present State of Michigan, Limited Licensed Master Social Worker  
2007 Children's Outpatient Fellow, The Guidance Center, Southgate, MI  
2004-2006 Behavioral Health Technician, Girls and Boys Town, Omaha, NE  
2005-2006 Middle School Paraprofessional, Girls and Boys Town, Omaha, NE

## **PROFESSIONAL SERVICE**

Strategic Planning Committee, Sewanee: The University of the South, 2017-Present  
Psychology Club Adviser, Sewanee: The University of the South, 2016-Present  
Past-President, Students of the International Positive Psychology Association, 2014-2015  
President, Students of the International Positive Psychology Association, 2013-2014  
President-Elect Students of the International Positive Psychology Association, 2012-2013  
World Congress on Positive Psychology Planning Committee, Claremont Graduate University, 2013  
Mentoring Representative, Students of the International Positive Psychology Association, 2011-2012  
Editor, *Students of the International Positive Psychology Association Newsletter*, 2012-2013  
Board member, Ann Arbor Academy, 2006-2008  
Founding member, Psi Chi Chapter, Claremont Graduate University, 2010-2015  
Graduate Student Mentor 2010-2014, Claremont Graduate University  
Reviewer, *Journal of Happiness Studies*  
Ad-hoc Reviewer, *Journal of Social and Personal Relationships*

## **PROFESSIONAL ORGANIZATIONS/AFFILIATIONS**

Society for Research in Children's Development  
Society for Social Work and Research  
International Positive Psychology Association  
Psi Chi